

Pr **Rekovellev<sup>®</sup>**  
follitropin delta injection  
**Prefilled Pen**

**REKOVELLE<sup>®</sup> (follitropin delta injection) prefilled pen**  
**Patient usage guide**

**The REKOVELLE<sup>®</sup> prefilled pen should only be used after training from your healthcare provider.**

Once they have shown you how to use your REKOVELLE<sup>®</sup> prefilled pen correctly, this usage guide can act as a useful reminder.

You should always read the “Instructions For Use” booklet provided with the REKOVELLE<sup>®</sup> prefilled pen before using it.

**An instruction video for the REKOVELLE<sup>®</sup> prefilled pen is also available at [www.rekovellev.ca](http://www.rekovellev.ca)**

**REKOVELLE<sup>®</sup> PREFILLED PEN AND ITS PARTS**

- |                      |                      |                              |
|----------------------|----------------------|------------------------------|
| 1 – Outer needle cap | 6 – Dose scale       | 10 – Cartridge with medicine |
| 2 – Inner needle cap | 7 – Dose knob        | 11 – Cartridge holder        |
| 3 – Needle           | 8 – Injection button | 12 – Dose display window     |
| 4 – Protective foil  | 9 – Pen cap          |                              |
| 5 – Dose indicator   |                      |                              |



The REKOVELLE<sup>®</sup> prefilled pen is available in three different volumes:

**12 mcg/0.36 mL**

**36 mcg/1.08 mL**

**72 mcg/2.16 mL**

**Before using your REKOVELLE<sup>®</sup> prefilled pen**

- Check your REKOVELLE<sup>®</sup> prefilled pen to make sure that it is not damaged. Do not use the pen if it has been dropped or hit against a hard surface
- Check the pen cartridge to ensure that the medication is clear and does not contain particles. Do not use the pen if the medication is not perfectly clear or contains particles
- Check the expiration date
- Other supplies you will need:
  - Alcohol swabs
  - Cotton balls or sterile gauze
  - Needle disposal container

REKOVELLE<sup>®</sup> (follitropin delta injection) is indicated for controlled ovarian stimulation for the development of multiple follicles in women undergoing assisted reproductive technologies (ART) such as an in vitro fertilization (IVF) or intracytoplasmic sperm injection (ICSI) cycle.

Consult the Product Monograph at <https://www.ferring.ca/en/products/reproductive-health/fertility-products/> or call 1-866-384-1314 for important information on contraindications, warnings, precautions, adverse reactions, interactions, dosing and conditions of clinical use.

If you have any questions or concerns about your REKOVELLE<sup>®</sup> prefilled pen, please contact your healthcare provider or Ferring Inc. at 1-866-384-1314.

## PREPARING AND PRIMING THE REKOVELLE® PREFILLED PEN



Wash and dry your hands before using your pen. Pull off the pen cap. Remove the protective foil from a new needle and screw, or click, the needle onto your pen. Remove the protective outer and inner needle caps from the needle. **Do not throw away the outer cap – you will need it later.**



You must prime each new REKOVELLE® prefilled pen before first use to remove any air bubbles that may be in the cartridge; **if you have already used your pen, proceed to Step 5 now.** To prime a new pen, turn the dose knob until the droplet symbol  lines up with the dose indicator.



Hold the REKOVELLE® prefilled pen with the needle pointing upwards and gently tap the cartridge holder to make any trapped air bubbles rise to the top.



Press the injection button all the way in until you see the number '0' lined up with the dose indicator and a droplet of liquid appears at the needle tip. **If no droplet appears, repeat Steps 2 to 4 until a droplet appears. If no droplet appears after 5 tries, remove the needle (Step 8), attach a new needle, and repeat priming (Steps 2 to 4).**

## SPLIT-DOSE INJECTIONS

**If you are not able to set the full prescribed dose on your pen,** this means there is not enough REKOVELLE® left in the pen. You will need to give part of your prescribed dose using your current pen (first injection) and the remainder using a new pen (second injection). Alternatively, you may dispose of your current pen and use a new pen to give your full prescribed dose in 1 injection.

To give a split-dose,

- set your current pen to what you are able to dial to (i.e. the amount in the pen) and write down that dose,
- give the first injection,
- prepare and prime a new pen using a new needle (Steps 1 to 4),
- calculate the remaining dose by subtracting the first dose that you wrote down from the full prescribed dose,
- set your pen with the remaining dose and give the second injection (Steps 5 to 8).

The REKOVELLE® prefilled pen dials up to a maximum of 20 mcg per injection. **If your prescribed REKOVELLE® dose is greater than 20 mcg,** you will need to split your dose into two injections. Follow Steps a) to e) if using a new pen or Steps d) to e) if using your current pen. Always use a new needle with each injection.

For detailed instructions, including directions on how to round off your doses and a split-dose diary, please read pages 22-23 in the "Instructions For Use" booklet. Call your healthcare provider if you have any questions about how to calculate your split-dose.

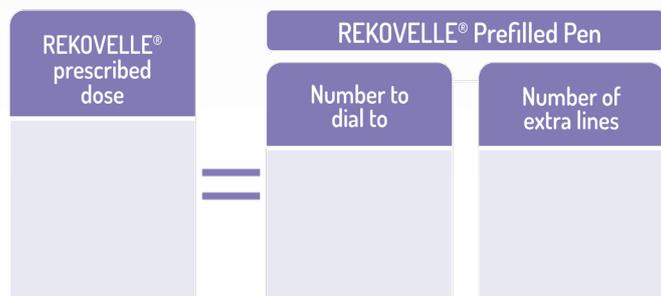
## SETTING YOUR DOSE



Make sure the dose window shows the number '0'. Turn the dose knob clockwise to the dose prescribed by your healthcare provider. Each line on the dose scale will change the dose by 0.33 mcg. If you have any doubts about setting the correct dose, speak to your healthcare provider.



If you accidentally set the wrong dose, it is easily corrected by turning the dose knob in either direction until the correct dose lines up with the dose indicator.



## GIVING YOUR INJECTION



To inject your dose, clean the injection site in the stomach area (abdomen) with an alcohol swab. Pinch a small amount of skin and insert the pen needle using the injection technique recommended by your healthcare provider with the dose window visible. Press the injection button all the way in and hold. When you see the number '0' lined up with the dose indicator, **wait for 5 seconds before releasing the injection button.** After 5 seconds, slowly remove the needle from the injection site.



**Remove the used needle** from the pen by carefully reattaching the outer needle cap and unscrewing the needle counter-clockwise. Carefully dispose of the used needle, as advised by your healthcare provider. Replace the pen cap onto the REKOVELLE® prefilled pen.